

# 说文解字新谭

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## 寿 shòu

篆文

金文

大篆

小篆

六书通

“寿”，繁体为“壽”，形声字，从老省，畴省声。















































































“寿”字，甲骨文、金文上为“老”的字形，表示年纪大、时间久；下面像已经耕耙过的田地的纹路形，即“畴”字的最初写法，表示人之一生像田间劳作一般耕耘不辍，又可将其视为老人的皱纹。《说文》：“寿，久也。”本义为长寿。

繁体“壽”，由“土”“工”“口”“寸”组成。土，对人之美称，此处意为贤士，即学识渊博、通达事理之人。“土”在上以示对寿者的尊敬。贤者，是非分明、心怀坦荡之人。“工”，是工匠用的尺子，意为劳作、行为。适当劳作、运动有利于保健。口，可以言语，可以进食。语言可锻炼人的思想，饮食要注意搭配适当，营养均衡。寸，距离手腕一寸长的























































































































的部位，即寸口之处，简称“寸”。“寸”为中医切脉之处，意为要善于运用医疗手段进行保养。以上四字合而会意为“寿”之要诀，即“长寿”之道。中间二横将四者隔开，表示四点要诀，均应适度，不可太过。“寿”字表明，“长寿”要遵守一定的规矩，掌握一定的尺度，按照一定的规律，有计划、有规则地调理自己的生活、学习、工作等。

“寿”为长久。无病无灾，健康长寿是人们特别是老人最为朴实的理想。老人的衣物、用具，多有“寿”字图案，住室常挂“百寿图”，子孙生下来给带上有“寿”字的“长命锁”，都表示了对长寿的渴望和祈福。故从古到今，一个“寿”字出现有上万种字形和写法，足见汉字之博大精深。

寿字的演变过程

寿字的演变过程

(未完待续)